



# 8th Annual International Women in Surgery Career Symposium



Aspire, Aim, & Achieve: The Ingredients for a Successful Career

March 31<sup>st</sup> to April 1<sup>st</sup>, 2017

Caribe Royale All-Suite Hotel and Convention Center, Orlando, FL



## Chair

**Sharona B. Ross, MD, FACS**

Director, Minimally Invasive Surgery

Director, Surgical Endoscopy

Director, Advanced GI & HPB Fellowship Program

Director & Founder of International Annual Women in Surgery  
Career Symposium

Florida Hospital Tampa

Tampa, FL



## Co-Chair

**Patricia L. Turner, MD, FACS**

Clinical Associate Professor of Surgery

University of Chicago Medicine

Director, Division of Member Services

American College of Surgeons

Chicago, IL



AMERICAN COLLEGE OF SURGEONS

Inspiring Quality:  
Highest Standards, Better Outcomes

**Medtronic**  
Further, Together

Register online at [women-in-surgery.com](http://women-in-surgery.com)



## Course Description

The Women in Surgery (WIS) Career Symposium is a professional and academic event dedicated to encouraging more women to pursue a career in Surgery. It promotes both personal and professional growth and is designed to foster mentorship as well as a peer network. It also provides a forum to discuss contemporary issues and opportunities for women who have chosen or may choose a career in Surgery.

Participants will be able to interact with women who are thought leaders in Surgery and pioneers in advancing women in Surgery.

The annual WIS career symposium serves as a forum to discuss the issues and challenges confronting women as they seek to advance in a changing but still male-dominated field and to share successes and advice for breaking the glass ceiling in Surgery.

Furthermore, the intention is to highlight the importance of advancing women toward careers in Surgery by providing meaningful avenues for surgical professionals and students to interact, exchange ideas, and formulate effective strategies in advancing this important endeavor.

## Objectives

Upon completion of this symposium, participants will be able to:

- Actively seek out and improve upon existing mentor/mentee relationships
- Identify specific issues facing women in Surgery
- Cultivate techniques for handling discrimination in the workplace effectively and professionally
- Pursue leadership positions in Surgery
- Possess an understanding of the basic skills and requirements for pursuing leadership positions
- Identify where and why there is need for women in leadership roles
- Utilize professionalism in a discipline in which men are traditionally predominant
- Implement specific coping methods and networking skills to promote a career in a discipline in which men are traditionally predominant
- Better appreciate the need to negotiate "equal pay for equal work"
- Generate reasonable expectations regarding lifestyle in residency and early career
- Implement basic strategies for financial security
- Recognize issues with pregnancy during a surgical career
- Better equipped to plan for pregnancy during residency and beyond
- Employ and optimize strategies for balancing children and marriage in the face of a demanding profession
- Acknowledge and help further the goals for the future of women in Surgery and be empowered to move toward those goals
- Apply stress-relieving techniques
- Determine which sub-specialty women surgeons most commonly pursue
- Summarize guidelines that will strengthen your professional image
- Interpret the discrepancies between perceived and actual earned salary of women surgeons

## Target Audience

This symposium is designed for women who aspire for a career in Surgery or wish to enhance their career in Surgery. The target audience includes physicians, fellows, PA/ARNP, residents, medical students, graduate and undergraduate students, and other healthcare professionals.





## Location

**Caribe Royale All-Suite Hotel and Convention Center**  
8101 World Center Drive | Orlando, Florida 32821 | (407) 238-8000  
[www.CaribeRoyale.com](http://www.CaribeRoyale.com)

The Caribe Royale is located on more than 53 lush, tropical acres, with 1,218 spacious, well-appointed one-bedroom suites, 120 luxurious two-bedroom lakeside villas, expansive state-of-the-art meeting and event facilities, unmatched hospitality and service, and a wealth of desirable dining options.

### Accommodations

A limited number of rooms have been blocked for this meeting at the special group rate of \$169 for queen/double occupancy, \$169 for standard king occupancy, \$189 for deluxe king occupancy, or \$294 for a villa (plus applicable taxes for all prices).

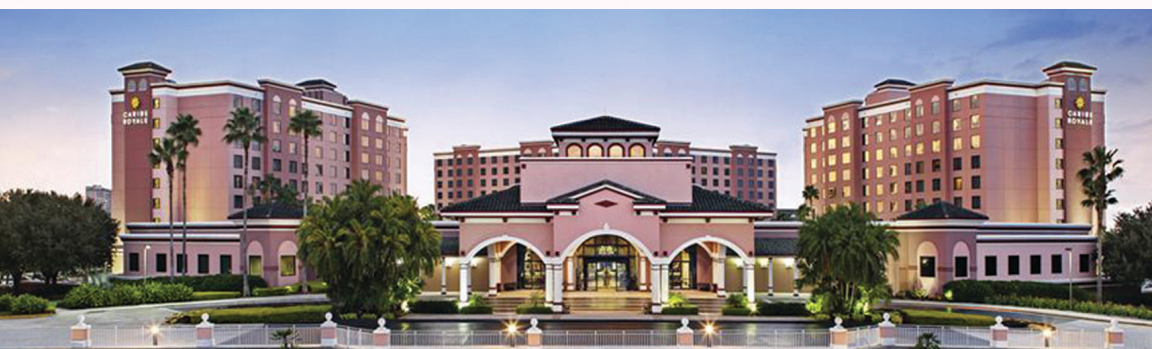
For reservations, please call the hotel directly at 1-888-258-7501 and ask for the group rate for the Women in Surgery Career Symposium.

You may also book your room online. Visit our website at [Women-In-Surgery.com](http://Women-In-Surgery.com) for a link or directly <http://tinyurl.com/WIS2017Hotel> to the group rate website. The group rate cut-off date is February 17, 2017. Rooms will fill quickly, so book early!

Hotel room arrival/departure date changes or cancellations must be made at least 72 hours prior to the scheduled arrival date to avoid additional fees.

### Parking

Complimentary self parking is available at the Caribe Royale. Valet Parking is available for \$9 plus tax for day guests (per day) and \$12 plus tax for overnight valet (per night).



## Fees & Registration

Register online at [Women-In-Surgery.com](http://Women-In-Surgery.com). You may register online even if paying by check.

Attendee Type	By March 3, 2017	After March 3, 2017
Physician	\$250	\$275
Fellow* or PA/ARNP	\$100	\$125
Resident* or Student*	\$50	\$75
Guest Fee for Welcome Reception (free to registrant)	\$35	\$35

\*Fellows, Residents, and Students *must* e-mail proof of status to [WomenInSurgery@WISCareerSymposium.com](mailto:WomenInSurgery@WISCareerSymposium.com) (subject line "WIS Status Proof") in order to be granted the discounted rate.

### Cancellation Policy

Cancellations must be requested in writing via e-mail to [WomenInSurgery@WISCareerSymposium.com](mailto:WomenInSurgery@WISCareerSymposium.com) by March 3, 2017 to receive a refund. A \$50 cancellation fee will be assessed to cover administrative costs. There are no refunds for no-shows or for cancellations received after March 3, 2017; however, substitutions are welcome without penalty.

Society of Women in Surgery (SWIS) and Florida Hospital reserve the right to cancel this activity due to unforeseen circumstances. In the event of such cancellation, only the registration fee will be returned to the registrant. Society of Women in Surgery and Florida Hospital will not be responsible for travel expenses incurred by the participant in case of cancellation.

### Accommodations for Disabilities

Please notify the SWIS office at 1-877-904-4481 within a minimum of 10 working days in advance of the event if a reasonable accommodation for a disability is needed.

### Faculty Disclosure

SWIS adheres to the Accreditation Council for Continuing Medical Education (ACCME) Standards regarding commercial support of continuing medical education. It is the policy of the Society of Women in Surgery that the faculty and planning committee disclose real or apparent conflicts of interest relating to the topics of this educational activity; that relevant conflict(s) of interest is resolved; and that speakers disclose any unlabeled/unapproved use of drug(s) or device(s) during their presentation. Detailed disclosure will be made in the course materials.



## Chair

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Director, Surgical Endoscopy  
Director, Advanced GI & HPB Fellowship Program  
Director & Founder of International Annual Women in Surgery Career Symposium  
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### **Patricia L. Turner, MD, FACS**

Clinical Associate  
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## Faculty

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**Sandra L. Wong, MD, MS, FACS, FASCO**

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**Heather Yeo, MD, MHS, FACS**

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# Agenda

Friday, March 31, 2017

3:00-5:30 pm | Workshop Sessions (RSVP Required)

## Session A: For Undergraduates, Medical Students, Residents, PA/ARNP

**MODERATORS:** Sharon Stein MD; Linda Barry, MD; Sandra Wong, MD; John Nenos; Vikisha Fripp, MD; KMarie Reid, MD

**TOPICS:** Creating the best ME, I can be; The job interview-role play; How to represent myself with polish and professionalism; Building relevance in my CV: Creating my elevator speech; How to best manage my accumulating debt; How to financially plan for the future; Social media: Do's and don'ts

## Session B: For Fellows/Attendings

**MODERATORS:** Lori Wilson, MD; Meredith Duke, MD; Jessica Kandel, MD; C. Nicole Swiner, MD

**TOPICS:** The Right Job: How to negotiate for it; How to set yourself for a promotion; When to ask for a raise; How to make the most of my salary: Savings, investments, retirement, disability; Navigating the unexpected event: Career damage control, missed work, and the residual effects; Social media etiquette 101

6:00-9:00 pm | Welcome Reception - Join us on the dance floor!

Saturday, April 1, 2017

7:00-8:00 am | Registration/Breakfast/Exhibits

## 7:00-8:00 am | Breakfast Session: International or Foreign Medical Graduates or Doctor of Osteopathic Medical Graduates (RSVP required)

How to Successfully Apply to Surgical Residencies in the U.S.  
Practical Strategies to Excel in Surgery

Moderator: Lucy De La Cruz, MD

## 8:00-8:15 am | Opening Session

8:00-8:15 am Program Chair Opening Remarks

Sharona Ross, MD

## 8:15-9:45 am | The Patient Centered Practice

8:15-8:30 am The Future of Healthcare & the Practice of Surgery: Value Based Healthcare

Christian Shalgian

8:30-8:45 am Skeptical Scalpel  
- The Importance of Research in a Surgical Practice

Alexander Rosemurgy, MD

8:45-9:00 am Trends & Technology  
- Keeping Up and Knowing When to Implement

Sharona Ross, MD

9:00-9:15 am Breaking Bias  
- Using Emotional Intelligence

Robert Barraco, MD

9:15-9:45 am Panel Discussion:  
10 Things I Know Now, I Wish I Knew Then

Moderator: Leigh Neumayer, MD

Medical School

Lucy De La Cruz, MD

Residency

Jennifer Ogilvie, MD

Fellowship

Abbey Fingeret, MD

My First Job

Chantel Reyna, MD

Job Advancement

Sandra Wong, MD

9:45-10:00 am | Break/Exhibits

## 10:00-11:50 am | Work/Life Balance

10:00-10:20 am Juggling Multiple Hats-More Than a Balancing Act

Julie Ann Freischlag, MD

10:20-10:35 am Mentor Me-Finding and Building the Right Relationship for Career Growth

Patricia Sylla, MD

10:35-10:50 am Looking for Love in all the Wrong Places  
- Dating as a Woman Surgeon

Marie Crandall, MD  
Melissa Red Hoffman, MD

10:50-11:20 am Single Women's Panel Discussion  
Finding the Time to Date  
Full vs. Shared Custody Parents  
Managing Kids and Career

Melanie Goldfarb, MD  
Kellie McFarlin, MD  
Marie Crandall, MD

11:20-11:50 am How to Balance Family and Career Panel Discussion

Danielle Walsh, MD  
Julie Ann Freischlag, MD  
Leigh Neumayer, MD  
Sharona Ross, MD  
Patricia Sylla, MD  
Patricia Turner, MD

# Saturday, April 1, 2017 (continued)

11:50-1:15 pm | Networking Lunch

1:15-2:30 pm | Health & Wellness

1:15-1:30 pm Be Proactive: Patricia Turner, MD  
American College of Surgeons Membership

1:30-1:45 pm ExpressYourself Laura Johnson, MD  
- Finding a Creative Outlet to Avoid Burnout

1:45-2:00 pm Where is the Stress Coming From? Jennifer Moyer, MEd  
Could Your Personality be an Indicator? (Meyers Briggs Type Indicator)

2:00-2:15 pm Eating for Today for a Healthy Tomorrow Chantal Reyna, MD  
- Nutrition for the Surgeon Lifestyle

2:15-2:30 pm Meditation - Guided Activities for Stress Relief Melissa Red Hoffman, MD

2:30-2:45 pm | Break/Exhibits

## PARALLEL SESSIONS

2:45-5:30 pm | Residents/Medical Students Moderator: Sandra Wong, MD

2:45-2:50 pm Session Introduction Sandra Wong, MD

2:50-3:10 pm Mentor/Mentee Relationship Lynn O'Connor, MD  
- Your Responsibilities to Maximize It

3:10-3:30 pm With the 80 Hour Work Week Lucy De La Cruz, MD  
Do I Really Need a Fellowship?

3:30-3:50 pm Timing is Everything (Or is there a right time?) Jennifer Ogilvie, MD  
- Starting a Family While Building a Surgical Career

3:50-4:10 pm Finding the Right Fit Vikisha Fripp, MD  
- Types of Practice and Settings

4:10-4:40 pm How to Best Manage my Accumulating Debt John Nenos

4:45-5:30 pm Panel Discussion: Patricia Turner, MD  
General Surgery, Specialties, and Sub Specialties Vikisha Fripp, MD  
Laura Johnson, MD  
Bonnie Simpson Mason, MD  
Kellie McFarlin, MD  
Leigh Neumayer, MD  
Jennifer Ogilvie, MD  
Patricia Sylla, MD  
Sandra Wong, MD

2:45-5:30 pm | Fellows/Attending Surgeons Moderator: Christine Laronga, MD  
(Association of Women Surgeons)

2:45-2:50 pm Session Introduction Christine Laronga, MD

2:50-3:10 pm Providing the Best Care: Heather Yeo, MD  
Using Surgical Quality Outcomes to Measure Your Own Value as a Surgeon

3:10-3:30 pm Parental Leave Policies: Susan Pories, MD  
The Hand that Rocks the Cradle is the Hand that Rules the World

3:30-4:00 pm Pay Equity: Understanding What We Are Worth Hilary Sanfey, BSCH

4:00-4:30 pm Contract Negotiations: Danielle Walsh, MD  
You Don't Get What You Deserve, You Get What You Negotiate

4:30-5:00 pm Life Happens: Marie Lee, MD  
Maintaining Focus in the OR Christine Laronga, MD  
When Things are Crazy at Home!

5:00-5:30 pm Q&A Panel

2:45-5:00 pm | PA/ARNP Moderator: Scott Gallagher, MD

2:45-2:50 pm Session Introduction Scott Gallagher, MD

2:50-3:10 pm IPE & IPP (Interprofessional Education & Practice): Rita D'Aoust, PhD, APN-C  
Preparing Surgeons for Teamwork

3:10-3:30 pm PAs, Roles & Teams Dawn Morton-Rias, PA-C

3:30-3:50 pm Large, Multi-Disciplinary Care Teams & Practice: Nancy Perrier, MD  
Optimizing Every Role

3:50-4:10 pm Tips for Training & Retaining Productive APPs Emily Lockridge, PA-C  
(Advanced Practice Providers)

4:10-4:30 pm Transition to Survivorship: Lillie Shockney, RN, BS, MAS  
Post-Acute Setting & Transitioning Back to PCP

4:30-5:00 pm Balancing Inpatient & Outpatient Care Teams Scott Gallagher, MD

5:00-5:30 pm Q&A Panel

Society of Women in Surgery  
PO Box 2406  
Columbus, OH 43216-2406



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